

# TRANSESPAÑA (Spain)

2nd EDITION

23rd april – 10th may 2023

## RULES

### 1/ ORGANISERS

La TRANSESPAÑA is organised by CIRCUMBICI created by Gilles Alberty.

### 2/ THE TRIAL

The TRANSESPAÑA is a 18 stages race held over 18 days, covering a total of 1080 km. With the first 15 km in France, the majority of the course is in Spain (Aragon, Castilla and Mancha, Andalusia). The race starts from Urdos (France, Dept. 64) on **Sunday 23th april 2023** and finishes at Cala del Moral / Malaga (Andalusia, Spain) on **Wednesday 10th may**.

The TRANSESPAÑA is a long distance race, but not an official competition under the terms given by the FFA (Fédération française d'athlétisme), and does not appear on their official racing schedule. The competitors participate knowing, and at their own risk, that they will be competing on roads open to general traffic. Some stages is forbidden to run with a bib.

### 3/ REGISTRATION CONDITIONS

In order to register, all competitors must be over 18 years old and able to justify performances related to long distance endurance events. The Organisers will choose participants on a case by case basis.

The race is limited to 40 competitors and 8 accompanying officials (escorts). **Registration for the participants is set at 1800 euros for competitors, and 1600 euros for escorts “all inclusive”**. (specific price for participants (1400 euros) and escorts (1200 euros) who don't stay in the hotels and the gymnasium).

**A pre-inscription deposit of 400 Euros** is required in order to secure your participation. In case of cancellation after 1<sup>st</sup> February 2023, the amount of 200 euros will not be refunded. The total amount must be paid before 1<sup>st</sup> february 2023. A sum of 400 Euros will be retained for all withdrawals made after midnight 1<sup>st</sup> February 2023.

**payment made via bank transfer** (IBAN details to be provided upon inscription).

### 4/ RACE START CONTROL

All registered participants must be present in Urdos, before 17h00 on Saturday 22<sup>nd</sup> april 2023. Accommodation is included in the package “all inclusive” from saturday.

### 5/ SEQUENCE OF STAGES – TIME LIMITS

The first stage will begin at 10h00 . The other seventeen stages will start at either 6:30, 7:30 or 8:00 depending on the distance of the stage and on the average speeds carried and/or depending on the form of the competitors. This decision will be taken by the race organisers.

For each stage, **the finishing line will remain open up to the time calculated for an average speed of 5.8km/h**. The race organisers allow themselves the right to modify this average on Stage 5

(Fuendejalón – Calatayud) and Stage 6 (Calatayud – Molina de Aragón). If the runner cannot run one stage over 5,8 km/h, he cannot run the day after. He has only one chance, just one.

## **6.1/ FOLLOWING ESCORT VEHICLES**

For safety reasons, escort vehicles will not be able to follow the competitors continuously during the race, but are authorised at race refuelling stations (and only at these stations).

Competitors are not permitted to take on board refreshments from a moving vehicle and, for similar safety reasons, followers by bike are not permitted amongst the competitors. The race organisers reserve the right to grant exemption to this rule from time to time as they see fit.

## **6.2/ THE ‘HIGHWAY CODE’**

Traffic remains open for the duration of the race: drivers and their escorts must respect the rules of the road at all times. For their own safety, competitors should proceed on the left-hand side of the road, facing on-coming traffic, unless the conditions are more preferable on the right-hand side (i.e. cycle paths, better-suited pavements, sharp left-hand or unsighted bends).

In case of repeated dangerous behaviour by a competitor or his/her escort, warnings may be issued which may lead to their expulsion from the race.

## **6.3/ RACEWEAR**

Competitors should take care to wear bright clothing in order to be visible at all times. On Stage 2 to Stage 17, from the race start to Refuelling Station 1, the wearing of a high-visibility security vest, a front light, and a flashing red light (on the back) is obligatory.

## **7/ REFUELLING STATIONS**

On each stage, refuelling stations providing drinks, fresh fruit and vegetables, sweet and savoury foods, will be positioned approximately every 15 and 30 kms, and then every 10 kms up to the finish.

Escort vehicle personnel are not permitted to supply refreshments to their runners between refuelling stations. Refreshment from a moving vehicle is prohibited.

## **8/ ROAD BOOK**

The course is recognised and measured.

The complete Road Book will be given to competitors and their escorts. On some sections, vehicles will not be able to take the same route as the competitors. Each escorting driver will be given a detailed document indicating traffic features and restrictions on the runners' route.

## **9/ COURSE ERRORS**

Competitors are not allowed to enter a vehicle, even if stationary, between the start and finish of stages. Where competitors make errors by straying off the correct route, they must rejoin the race in the correct manner. Only race organisers' vehicles are authorised to return an errant competitor to the proper route.

## 10/ CLASSIFICATIONS

The TRANSESPAÑA result will not appear in official rankings publications.

## 11/ UNRULY BEHAVIOUR – CLAIMS

The competitors, along with their escorts, form a team. All unruly behaviour or rule-breaking by any member of the team will be attributed to the competitor. For this reason, each competitor is wholly responsible for the correct behaviour of their escorts.

## 12/ BRIEFINGS

A daily briefing will be given before the start of each stage, and will be presented in French, Spanish, and English.

## 13/ ACCOMMODATION

### Details of 19 nights included in the package “all inclusive”:

- Hotel and auberge (8 nights minimum)
- Gymnasium (11 nights maximum)

Whether it be in the hotel, auberge or dormitory, the competitors and their escorts must share the rooms. Example: a room with 2 beds will be shared by 2 competitors or escorts. Some rooms can accommodate up to 4 people. The best possible distribution of accommodation will be made to suit everybody. If you have a particular ‘wish list’ regarding room-mate configuration, it will be necessary to inform the organisers as soon as possible.

The showers in the gymnasium are to be used in the following order of priority:

- 1/ race competitors
- 2/ accompanying escorts
- 3/ volunteers

## 14/ MEALS

**19 evening meals are included in the package.** The first meal is on Saturday evening 22<sup>nd</sup> April 2023 in Urdos, and the final meal on Wednesday evening 10<sup>th</sup> May at Malaga. Vegetarian meals will be provided on some stages. Vegetarians should notify the organisers on their registration forms. There are no vegan meals provided.

**19 breakfasts are included in the package,** every morning from Sunday 23<sup>rd</sup> April to Thursday 11<sup>th</sup> May.

At the finishing point of each stage, each competitor and their escorts will be offered various savoury refreshments (sandwiches, soups, eggs, potatoes).

The TRANSESPAÑA is a non-smoking zone, and domestic animals are not allowed at any of the event's accommodation sites.

## 15/ LUGGAGE

Every day a volunteer will carry with a van the luggages ( **20kg max.**) from the stage to the next one before the arriving of the runners

## 16/ INSURANCE – LIAIBILITY

By registering, all competitors accept and sign agreement to these rules and regulations, and must bring them to the attention of their escorts. Competitors and their escorts participate entirely at their own risk, and knowing that neither they nor their escorts shall be entitled to appeal whatsoever against the organisers, whether physically or morally.

It is the responsibility of each competitor to check whether they are personally insured to participate in this type of event, and to choose whether or not to undergo a medical examination prior to competing.

## 17/ REGISTRATION

Registration is open from 11<sup>th</sup> of june 2022 (See tariffs and conditions as laid out in Article 3).

In registering for the TRANSESPAÑA 2023, I accept these rules and regulations.

----- (Surname, First Name(s))

Signed:

Date:

*Return signed and dated, along with payment to Gilles Alberty, : more information to email:  
gillesvelolaberty@hotmail.com*